

Minutes of the meeting held on Tuesday 5<sup>th</sup> September 2016 at Girlington Surgery.

The meeting began at 4 pm

Present: Rafiq Sehgal (Chair), Dale Fickes (Vice Chair), Jamshad Sehgal, Ann Najib, Wendy Wilson, David Sugden, Brenda Clarkson, Ian Price, Alison Richards, Madelaine Newton, Richard Bailey.

Apologies were received from Jenny Price.

The Chair welcomed everyone to the meeting

Also in attendance were Melanie Evans, representing Carers Resource, Caroline Davison, practice manager, and Catherine McLaughlin, practice liaison.

The minutes of the previous meeting were circulated. The Chair reported that the office of secretary had become vacant. After some discussion, Richard Bailey was “persuaded” to accept this duty.

The Chair then asked for ideas for events which might be organised by the PPG on Wednesdays when the surgeries were closed for consultations and would be free for the PPG to organise events.

At this point he introduced Melanie Evans from Carers Resource who made the following points:

- How many and how often would these events happen?
- The types of events that might be encouraged e.g. Diabetes, Alzheimer’s;
- Age Concern might like to be involved, as might those who cared for younger people;
- The Pharmacy might be invited to take part;
- We might encourage an event about self-care;
- We might provide a time to discuss health checks for our patients;
- We might invite a benefits advisor;

The question was asked “what are we aiming at?” The Chair replied that a definite purpose had not yet been worked out.

Jamshad Sehgal felt that we might widen our remit to work with those who are lonely.

It was felt that we needed to concentrate on a specific problem, and to do this we would need to know what would help our patients. A simple questionnaire might help in this.

The question was asked whether it might be worth planning one or two events between now and Christmas to see what might be useful.

Dale Fickes suggested that a Diabetes group might be useful where patients could share their experiences of the illness and the coping strategies they had found useful.

The Chair suggested that we might plan an event with Melanie’s help to “test the water”, and also organise a questionnaire for patients. A directory of services might also be made and a leaflet describing the purpose of the PPG be drawn up for distribution among patients.

Alison Richards volunteered to produce a PPG information leaflet, and was also thanked for collating information about other groups and national PPGs.

The Chair had received a letter from the Wilsden PPG describing a questionnaire they had drawn up for younger people.

Manor Medical Practice – Patient Participation Group

It was decided that the PPG would hold an open meeting on Wednesday 19<sup>th</sup> October, at 1pm at the Gurlington Surgery to which patients would be invited. This meeting would be of two hours duration. Name badges would be prepared for members of the PGG. Melanie Evans would be invited to this.

Next Meeting: Tuesday 11<sup>th</sup> October at 3pm at which the planning of the event for the 19<sup>th</sup> would be the sole item of business.

Next full Meeting: Wednesday, 30<sup>th</sup> November at 1pm at Gurlington.

Any Other Business: some progress had been made in solving the difficulties in the telephone connection.

The meeting closed at 5.31 pm.

RWB